



INTERNATIONAL  
HOTEL SCHOOL

ÉCOLE DUCASSE

MASTER MORE THAN COOKING

# Professional Cookery Programmes with École Ducasse Certificate



## ADMISSION REQUIREMENTS

Grade 10 pass or equivalent, a National Senior Certificate will be an added advantage



## DURATION

1 Year, Full-time



## INTAKES PER YEAR

March and July

## What will I learn?

This programme covers both safety at work in the preparation of food, healthy eating and special diets, costing and menu planning and the preparation, cooking and finishing of a wide range of commodities and dishes.

This programme has been developed for professionals in the food preparation industry. It brings together elements of food and drinks preparation as well as supervision. This programme applies to all sectors, from small restaurants and lodges to large-scale hotels.

## Programme content includes:

- Prepare and cook basic meat, poultry and game
- Prepare and cook basic sauces and soups
- Prepare and cook fish and shellfish dishes
- Cooking and service of cold preparation dishes
- Hygiene in the kitchen
- Storage of food, equipment and utensils
- Menu planning
- Nutrition
- Budgeting and cost control
- Food safety
- Kitchen maintenance and design



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## French Culinary Arts Fundamentals by École Ducasse:

- Traditional French culinary fundamentals and skills
- French cooking methods and techniques
- Practice classic French recipes and ingredients
- French flavour combinations
- French terminology

## What qualification will I gain?

École Ducasse award their Certificate to those who have successfully completed this programme.

- QCTO Occupational Certificate: Cook (SAQA ID No: 102296, NQF Level 4)
- French Culinary Arts Fundamentals Certificate by École Ducasse

[www.hotelschool.co.za](http://www.hotelschool.co.za)



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